Watch these [video1](https://www.youtube.com/watch?v=s_GvXjrfelo&index=13&list=PLX2_QrT3VKR_w4aDsZr1p1uuPlreqmHha) start about 3 minutes into it

And [video2](https://www.youtube.com/watch?v=vDMBSm96gC8&list=PLX2_QrT3VKR_w4aDsZr1p1uuPlreqmHha&index=18) again about 3 minutes into it